



BATTLE PLAN BLUEPRINT MENU

Battle Plan Template Ideas and Spiritual Conditioning



- Meditation-Breathing
- Prayer
- Equilibrium- ECG
- Stress scale
- Fast
- Heart Check Up
- Soul Care
- Cleanse
- Worship-Spotify Playlist
- Journal (Holy Spirit Speaking)
- Hero's Journey
- Schedule-Margin
- Armor
- Covenant Relationships
- Accountability
- Scripture - Word Remedies
- Sabbath-
- Declarations/Decrees
- Wellness
- Listening - hearing
- Be Open-Posture Heart
- Communion
- Focus - Keep Vision
- Self-Care
- Exercise
- Stillness (Selah Pause)
- Bask in His Presence
- Pursue Peace
- Praise
- Rest (Inventory)

BATTLE PLAN BLUEPRINT ACTION PLAN

DAILY

WEEKLY

MONTHLY

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